

# Adventures in Gower

## Mumbles and the city of Swansea

without a car



2016



Explore its spectacular coastal path  
Discover its fascinating heritage and history  
Swim or surf at its amazing bays and beaches  
Experience its unique natural environment at a Nature Reserve

# Welcome to

## Gower and Mumbles without a car!

Gower has a comprehensive bus network linking Swansea to its beaches; the Coast Path and other walks; nature reserves; visitor attractions; and accessing outdoor activities. All parts of Mumbles are well served with local buses. Buses run seven days a week in the high season.

### Your Adventure starts on the Bus

Yes, the sense of anticipation grows as you see Gower and Swansea Bay unfolding before your eyes. You can get all over Gower and to most activities directly by bus.

**Gower Coast Path** – the ultimate coastal adventure! The entire length of the path is accessible at key points by the bus network.

**Other Gower Walks** – the 35 mile Gower Way crosses the peninsula from Worm's Head Rhossili over Gower's highest point to Penlle'r Castell in the ancient Lordship of Gower. There are many shorter walks criss-crossing Gower.

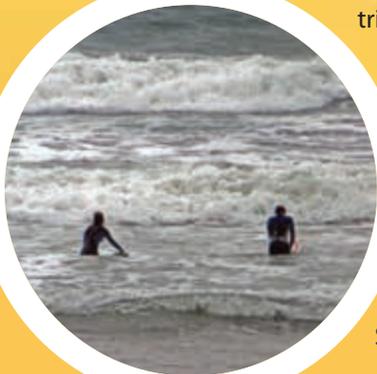
**Beaches** – all of Gower's amazing beaches are accessible by bus though it's a short walk to some.

**Nature & Wildlife Reserves** – Gower is home to three of Wales' National Nature Reserves; at Oxwich Bay, Gower Coast (Rhossili) and Whiteford (Llanmadoc) and smaller reserves run by the Wildlife Trust. All are easily reached by bus.

**Heritage** – Gower is full of history and heritage, from the Gower Heritage Centre in Parkmill, a rural life museum and craft centre. Gower is home to fifteen historic churches and four medieval castles.

**Activities Outdoors** – Gower is great for adventure activities; sailing at Oxwich; surfing at Langland, Caswell and Rhossili Bays; boat trips from Mumbles and Oxwich Bay; archery, shooting and falconry at Perriswood; kite flying at Pitton Cross; and many more.

**Swansea Visitor Attractions** – on poor weather days or just for a change, take the bus into Swansea for its huge range of attractions, entertainment and eating out. The National Waterfront Museum, the LC (Swansea's iconic leisure centre) and Swansea Market are three attractions a short walk from the City Bus Station.



# Buses in Gower and Mumbles

There are three principal routes in Gower with connecting links to smaller bays and villages. All parts of Mumbles are served frequently directly from Swansea.

New Adventure Travel buses run approximately every hour daytime (weekdays) on main south and north Gower routes and less frequently on connecting routes.

First Cymru runs every hour daytime (weekdays) on the Bishopston and Pennard route.

First Cymru also serves Mumbles every 15 minutes daytime (weekdays).

First Cymru runs on Sundays and Bank Holidays to and within Gower from 29 May to 25 September and all year round, to Mumbles.

## Your ticket to ride

(prices correct as at May 2016 and subject to alteration)

**Explore Gower (Bus)** – unlimited travel all day in Gower, Mumbles and city of Swansea valid on all N A T and First Cymru bus services for £5.40 adult; £3.60 16 & under.

**Explore Gower (Train & Bus)** – buy this when you buy your train ticket at principal UK stations and get unlimited travel for a day in Gower, Mumbles and Swansea city for £5.40 adult £3.60 16 & under; or for a short break (3 days) at £13.00 adult £8.00 16 & under.

**Gower Day Rider** – unlimited travel all day only on NAT services 114 to 119 for £5.00 adult; £3.40 16 & under.

**First Day Swansea City** – unlimited travel all day only on First Cymru buses in the city of Swansea, Mumbles; and Bishopston/Pennard for £4.20 adult; £2.80 16 & under.

**First Day Swansea Bay** – unlimited travel on First Cymru buses throughout most of Swansea Bay **and includes all Gower on Sundays and Bank Holiday Mondays.**

**Family tickets** – there are family versions of Gower Rider and First Swansea City tickets for both daily and weekly travel.

**Explore Wales Pass/Explore South Wales Pass** – holders of these passes can use them without restriction on all bus services to and within Mumbles and Gower.

**Wales Concessionary Travel Pass** – Seniors and others entitled to this and resident in Wales can travel on all bus services within Mumbles and Gower free of charge!

# General Information

## Your Adventure starts on the Train or Coach

There are frequent trains to Swansea from all parts of the UK and main airports; direct from London Paddington, Reading, Bristol, Cardiff and Manchester; or with one simple interchange from most other parts of the UK and principal airports.



Buy your 'Explore Gower' local travel ticket when you buy your train ticket. Day or Short Break (3 days) tickets give you unlimited travel in Gower, Mumbles and Swansea city.

National Rail **08457 48 49 50** • [www.nationalrail.co.uk](http://www.nationalrail.co.uk)

There are coaches from all parts of the UK; direct from central London, Gatwick and Heathrow Airports, Birmingham, Bristol and Cardiff; or one simple interchange from most other parts of the UK.

National Express: [www.nationalexpress.com](http://www.nationalexpress.com) Megabus: [www.megabus.com](http://www.megabus.com)

## Travelling around Swansea, Mumbles & Gower

Frequent buses link Swansea's train and bus stations; the coach station is adjacent to the bus station. Buses to Gower and Mumbles leave from the bus station.

Pick up a FREE Visitor Travel Guide at the train or bus station or at your accommodation to find the best way around the peninsula by bus.

An 'Explore Gower' local travel ticket for a day gives you unlimited travel in Gower, Mumbles and Swansea city.

Local bus timetables are available at the bus station.

Plan your journey: Traveline Cymru **0871 200 22 33** • [www.traveline.cymru](http://www.traveline.cymru)



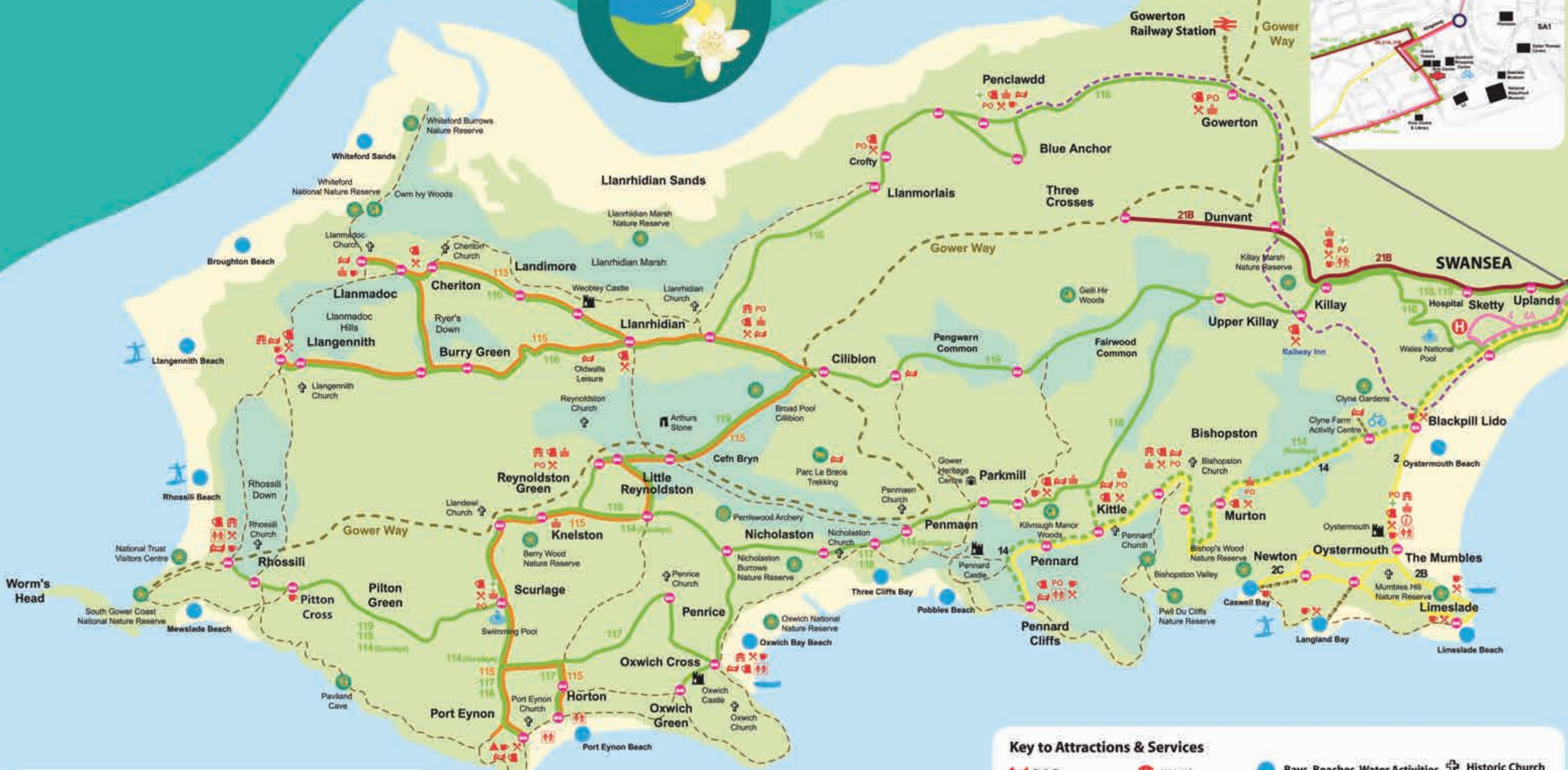
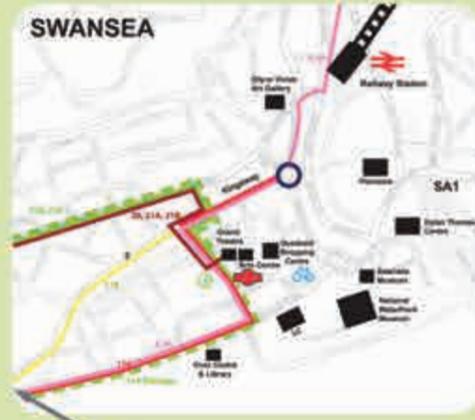
Every care has been taken to ensure that information in this leaflet was correct when going to press but ticket prices, services and facilities can be subject to alteration at short notice.

Photos © BayTrans

Swansea Bay  
without a car

# Gower and Mumbles by bus

Escape to a special place without the car



### Gower Bus Routes

2, 2A, 2B, 2C, 14	Swansea - Pennard Cliffs, Swansea - Oystermouth - Newton - Limeslade
117, 118, 119	Swansea - Killay - Oxwich - Horton - Port Eynon - Rhossili
114	Swansea - Pennard - Oxwich - Port Eynon - Rhossili - Sundays & Public Holidays
116	Swansea - Killay - Gowerton - Llanrhidian - Llanmadoc - Llangennith
115	Llanmadoc / Llangennith - Horton / Port Eynon
4, 4A	City Centre Bus Route (train station to bus station)
21B	Swansea - Killay - Three Crosses

### Footpaths & Cycle Routes

	Public Rights of Way
	Cycle & Walking Route
	Gower Way Walking Route

Please note these routes are approximate and an Ordnance Survey Map should be used in conjunction with this map.

### Key to Attractions & Services

	B & B		Hotel		Bays, Beaches, Water Activities		Historic Church
	Cafe		Post Office		Boat Trips		Heritage Centre
	Meals & Drinks		Public Toilets		Surfing		Standing Stone
	Information		Pharmacy		Swimming Pool		Castle
	Pub		Hospital A&E		Cycle Hire		On Foot
	Youth Hostel		Railway Station		Trekking		Information
	General Store		Bus Station		Nature Reserve		Arched
			Bus Stop		Cave		Public Access Land
					Woodland		

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